

Bulgarian Medical Association
Dr Nikolay Branzalov
CPME Head of Delegation
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Brussels, 23 October 2024

WHO/Europe survey on mental health of doctors

Dear Dr Branzalov,

In September, the CPME Board decided to contribute to the important WHO/Europe survey addressing mental health of doctors and nurses, which was launched on 22 October. It is an anonymous survey targeting individual doctors to share their experience.

The survey is carried out now as health systems in many countries are experiencing increasing pressures, with many doctors and nurses reporting poor mental health and working conditions. These challenges are contributing to burnout, absenteeism and professionals leaving the workforce.

We would like to invite you to share the survey with your membership and encourage your members to respond to it. Your help will be fundamental to provide information about your country. The survey is funded by the European Commission, it covers all the 27 EU countries, Iceland and Norway.

Your response will be greatly valuable in ensuring the accurate and detailed illustration of the situation across Europe. By participating in this survey, doctors will have the opportunity to share their personal reflections and aspirations to shape future policies. The survey results will be available by June 2025.

You can access the survey until the end of the year here: <https://healthworkers-survey.ccomsuam.org>

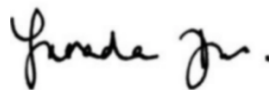
Please find enclosed additional material informing on how to disseminate the survey. Please note that WHO/Europe requests not to use public social media to disseminate the survey.

We are grateful for your cooperation and would like to thank you in advance for supporting this activity. In case of any questions, please do not hesitate to contact markus.kujawa@cpme.eu.

Yours sincerely,



Dr Christiaan Keijzer
CPME President



Ms Sarada Das
CPME Secretary General